



# BEN GUI SUSHI

## JAPANESE CUISINE

4353 STARKEY RD.  
ROANOKE, VA 24018  
TEL.: 540-772-6888

[WWW.BENGUISUSHI.COM](http://WWW.BENGUISUSHI.COM)

## OPEN HOURS

**MONDAY - CLOSED**

**TUESDAY - SATURDAY**

LUNCH 11:30 AM - 2:30 PM

DINNER 4:30 PM - 10:00 PM

**SUNDAY**

3:30 PM - 9:30 PM

**EAT IN - TAKE OUT**

## SOUP AND SALAD

MISO SOUP	1.50
HOUSE SALAD	1.50
SPICY TUNA SEAWEEED	8.50
KANIKAMA SEAWEEED	7.50
FUTO SALAD	6.50
HOUSE SOUP	6.50
SEAWEEED SALAD	5.50
AVOCADO SALAD	4.50
SALMON SKIN & SEAWEEED SALAD	8.50
SPICY FRESH CRAB SEAWEEED	9.50

## APPETIZERS

A1. <b>TAKO SU</b> (octopus and cucumber in vinegar sauce)	7.50
A2. <b>KANIKAMA SU</b> (crab and cucumber in vinegar sauce)	6.00
A3. <b>BEN'S SAKE SU</b> (fresh salmon, avocado, and cucumber in a melon vinaigrette)	9.50
A4. <b>SUNOMONO</b> (assorted fish and cucumber in vinegar sauce)	7.50
A5. <b>EDAMAME</b> (soy bean pods, steamed and lightly salted)	4.50
A6. <b>SHUMAI</b> (steamed shrimp dumplings)	4.50
A7. <b>WASABI SHUMAI</b>	6.50
A8. <b>BABY OCTOPUS</b>	6.50
A9. <b>GYOZA</b> (fried japanese dumplings)	5.50
A10. <b>HIYAYA KO</b> (cold bean curd with soy sauce)	4.50
A11. <b>AGEDASHI TOFU</b> (fried bean curd with tempura sauce)	5.00
A12. <b>SEA NARUTO</b> (salmon, crab, avocado, fish roe and cucumber)	8.50
A13. <b>LOBSTER+CAVIAR</b>	8.00
A14. <b>SNAPPER BITE</b> (snapper, avocado, cucumber in a slightly spicy garlic-ginger sauce)	10.50
A15. <b>WHITE TUNA TATAKI</b> (white tuna, avocado, cucumber, tataki sauce)	9.50
A16. <b>TUNA CARPACCIO</b> (sliced tuna with avocado and special sauce)	9.50
A17. <b>SPICY TUNA TAR-TAR</b>	8.00
A18. <b>TEMPURA APPETIZER</b>	8.50

## FROM SUSHI BAR

S1. <b>SUSHI ASSORTMENT</b> (6pcs fresh sushi and 6pcs tuna roll)	16.50
S2. <b>SUSHI DELUXE</b> (8pcs fresh sushi and 8pcs California Roll)	19.50
S3. <b>SASHIMI ASSORTMENT</b> (12pcs fresh fish)	16.50
S4. <b>SASHIMI DELUXE</b> (18pcs fresh fish)	22.50
S5. <b>CHIRASHI SUSHI</b> (fresh sliced fish and vegetables on sushi rice)	17.50
S6. <b>SUPER CHIRASHI</b> (eel, salmon roe on sushi rice with sashimi on the side)	22.50
S7. <b>ROLL COMBO</b> (8pcs spicy tuna, 8pcs California roll and 6pcs white tuna roll)	16.50
S8. <b>ROLL COMBO #2</b> (Cooked) (8pcs California roll, 5pcs Shrimp Tempura roll, 6pcs avocado roll)	14.50
S9. <b>SUSHI SASHIMI DINNER</b> (14pcs fresh fish, 4pcs sushi, 8pcs spicy tuna or eel roll)	27.50
S10. <b>SUSHI &amp; ROLLS PLATE ...FOR TWO</b> (8pcs fresh sushi, 8pcs of my best friend roll, California roll and tuna roll)	39.50
S11. <b>SUSHI, SASHIMI &amp; ROLL BOAT ...FOR TWO</b> (10pcs fresh sushi, 18pcs sashimi, 8pcs of each: California and spicy tuna roll)	52.50

## ROLLS

<b>VEGGIE ROLL</b> (avocado, cucumber)(8)	4.50
<b>KAPPA ROLL</b> (cucumber roll)(6)	3.75
<b>AVOCADO ROLL</b> (6)	3.75
<b>CALIFORNIA</b> (crab, avocado, cucumber, masago)(8)	5.50
<b>UNAGI ROLL</b> (eel and avocado)(8)	6.50
<b>SHRIMP TEMPURA ROLL</b> (5)	5.50
<b>NEW YORKER</b> (salmon skin, scallion)(8)	6.00
<b>SPIDER</b> (soft shell crab)(8)	8.50
<b>TEKKA ROLL</b> (tuna roll)(6)	5.25
<b>SAKE ROLL</b> (salmon roll)(6)	5.25
<b>NEGIHAMA</b> (yellow tail, scallion)(6)	6.50
<b>WHITE TUNA ROLL</b> (white tuna, scallion)(6)	5.25
<b>SPICY TUNA ROLL</b> (8)	7.00
<b>ALASKA</b> (salmon, avocado, cucumber)(8)	6.00
<b>PHILADELPHIA</b> (salmon, avocado, cream cheese)(8)	6.50
<b>BOSTON</b> (white tuna, avocado, cucumber, masago)(8)	6.00
<b>DYNAMITE</b> (spicy mixed fish, masago)(8)	8.50
<b>RAINBOW ROLL</b> (California w/ 5pcs of fish on top)(8)	12.00

## TRUST ME ROLLS

<b>ROANOKE</b> (eel, cucumber, masago, avocado)(8)	10.50
<b>VT SPECIAL</b> (tuna, salmon, avocado, cucumber)(8)	13.50
<b>RED DRAGON</b> (t.shrimp, eel, avocado, masago)(8)	13.50
<b>PENNY'S FAVORITE</b> (salmon, avocado, caviar)(8)	14.50
<b>KAREN'S FAVORITE</b> (crab, eel, avocado, masago)(8)	13.50
<b>SEX ON THE BEACH</b> (crab, avocado, masago)(8)	12.00
<b>HAPPY BELLY ROLL</b> (salmon skin, cucumber cream cheese, spicy tuna)(5)	12.50
<b>VOLCANO</b> (tuna, crab, cheese, cucumber, masago)(5)	9.00
<b>CRAZY COWBOY</b> (spicy tuna, avocado, wasabi tobiko)(8)	12.50
<b>HOKIE</b> (spicy tuna, white tuna, salmon, avocado, wasabi tobiko)(8)	12.50
<b>MARSHAL'S FAVORITE</b> (salmon, cheese, cucumber, eel, avocado)(8)	14.00
<b>iCRUNCHY</b> (spicy tuna,cheese, cucumber, t.shrimp)(5)	10.00
<b>EMPIRE ROLL</b> (salmon skin, cheese spicy tuna)(5)	10.25
<b>69ER'S</b> (t.shrimp, assorted fish, avocado)(8)	13.50
<b>MY BEST FRIEND</b> (t. shrimp with spicy tuna)(8)	11.00
<b>NAMA MAMA</b> (tuna, avocado, spicy eel, masago)(8)	14.50
<b>DON'S FAVORITE</b> (crab with spicy tuna)(8)	13.50
<b>KIM'S FAVORITE</b> (white tuna, avocado, scallions)(8)	13.50
<b>ROBERT'S FAVORITE</b> (eel, cheese, spicy tuna)(8)	13.50

## SUSHI OR SASHIMI

SUSHI = FISH ON RICE  
SASHIMI = JUST CUT FISH  
2 PIECE PER ORDER

<b>MAGURO</b> (tuna)	5.00
<b>SAKE</b> (salmon)	5.00
<b>HAMACHI</b> (yellow tail)	6.00
<b>ALBACORE</b> (white tuna)	5.00
<b>SMOKED ALBACORE</b>	5.50
<b>TAI</b> (snapper)	4.50
<b>IKA</b> (squid)	4.50
<b>AMAEBI</b> (sweet shrimp)	6.00
<b>SABA</b> (mackerel)	4.50
<b>TAKO</b> (octopus)	5.00
<b>HOKKIGAI</b> (surf clam)	4.50
<b>EBI</b> (shrimp)	4.50
<b>KANIKAMA</b> (crab stick)	4.00
<b>UNAGI</b> (eel)	5.50
<b>MASAGO</b> (fish roe)	5.00
<b>WASABI TOBIKO</b>	6.00
<b>CAVIAR</b> (black tobiko)	6.00
<b>IKURA</b> (salmon egg)	6.50
<b>UNI</b> (sea urchin)	MP
<b>QUAIL EGG</b>	2.00

(add with masago, tobiko, ikura and uni)

## FROM THE KITCHEN

### TERIYAKI

<b>CHICKEN</b>	13.00
<b>BEEF</b>	18.00
<b>SALMON</b>	16.50
<b>SHRIMP</b>	15.50
<b>SHRIMP &amp; CHICKEN</b>	16.50
<b>SHRIMP &amp; BEEF</b>	18.50
<b>SHRIMP &amp; SALMON</b>	18.00
<b>CHICKEN &amp; BEEF</b>	16.00

### TEMPURA

<b>CHICKEN</b>	14.00
<b>SHRIMP</b>	16.50
<b>COMBO TEMPURA</b>	17.50

### UDON, SOBA & RICE

<b>NEBEYAKI UDON</b> (rice noodle soup with shrimp)	12.50
<b>YAKI SOBA</b> (pan fried noodles with shrimp, chicken and beef)	11.50
<b>FRIED RICE</b> (with shrimp, chicken and beef)	11.50

### BENTO BOXES

<b>BENTO BOX A</b> (teriyaki chicken, tempura roll and 8pcs California roll)	17.50
<b>BENTO BOX B</b> (teriyaki beef, tempura and 8pcs California roll)	18.50
<b>BENTO BOX C</b> (teriyaki salmon, tempura, and 8pcs California roll)	18.50
<b>BENTO BOX D</b> (tempura, 4pcs sushi and 8pcs spicy tuna roll)	18.50
<b>BENTO BOX S</b> (4pcs of sushi and sashimi, tempura, and a choice of teriyaki chicken, beef or salmon)	22.50

\*\*Tempura is always an available substitute

## LUNCH MENU

### FROM THE SUSHI BAR

<b>SUSHI SPECIAL... WITH CALIFORNIA ROLL</b> (4pcs sushi and 8pcs California roll)	9.50
<b>SUSHI SPECIAL... WITH SPICY TUNA ROLL</b> (6pcs sushi and 8pcs Spicy Tuna Roll)	13.00
<b>SASHIMI SPECIAL</b> (12pcs of fresh fish sashimi)	13.50
<b>SUSHI SASHIMI SPECIAL</b> (5pcs sashimi, 3pcs sushi, 6pcs tuna roll)	14.00

### MAKI SPECIAL

(choice of any two rolls) \$9.50

1. ALASKA ROLL\*\*
2. BOSTON ROLL\*\*
3. AVOCADO & CUCUMBER ROLL
4. CHICKEN TEMPURA ROLL
5. SHRIMP TEMPURA ROLL
6. TUNA ROLL\*\*
7. SALMON ROLL\*\*
8. WHITE TUNA ROLL\*\*
9. PHILADELPHIA ROLL\*\*
10. CALIFORNIA ROLL\*\*

### SOBA, RICE & DON

(add California roll \$2.00)

<b>FRIED RICE</b> (chicken and beef)	800
<b>YAKI SOBA</b> (chicken and beef)	8.50
<b>CHICKEN TERIYAKI</b> (served with white rice)	800
<b>TENDON</b> (tempura shrimp)	8.50

### BENTO LUNCH BOX

<b>BENTO BOX A</b> (chicken teriyaki, tempura, 4pcs of California roll)	10.50
<b>BENTO BOX B</b> (beef teriyaki, tempura, 4pcs of California roll)	11.50
<b>BENTO BOX C</b> (salmon teriyaki, tempura, 4pcs of California roll)	11.50
<b>BENTO BOX D</b> (tempura, 2pcs Sushi, white rice and 8pcs of Spicy Tuna roll)	13.50

\*\*Seafood salad is always an available substitute for tempura