



BEN GUI SUSHI

JAPANESE CUISINE

4353 STARKEY RD.
ROANOKE, VA 24018
TEL.: 540-772-6888

WWW.BENGUISSUSHI.COM

OPEN HOURS

MONDAY - CLOSED

TUESDAY - SATURDAY

LUNCH 11:30 AM - 2:30 PM

DINNER 4:30 PM - 10:00 PM

SUNDAY

3:30 PM - 9:30 PM

EAT IN - TAKE OUT

SOUP AND SALAD

MISO SOUP	1.50
HOUSE SALAD	1.50
SPICY TUNA SEAWEEED	8.50
KANIKAMA SEAWEEED	7.50
FUTO SALAD	6.50
HOUSE SOUP	6.50
SEAWEEED SALAD	5.50
AVOCADO SALAD	4.50
SALMON SKIN & SEAWEEED SALAD	8.50
SPICY FRESH CRAB SEAWEEED	9.50

APPETIZERS

A1. TAKO SU (octopus and cucumber in vinegar sauce)	7.50
A2. KANIKAMA SU (crab and cucumber in vinegar sauce)	6.00
A3. BEN'S SAKE SU (fresh salmon, avocado, and cucumber in a melon vinaigrette)	9.50
A4. SUNOMONO (assorted fish and cucumber in vinegar sauce)	7.50
A5. EDAMAME (soy bean pods, steamed and lightly salted)	4.50
A6. SHUMAI (steamed shrimp dumplings)	4.50
A7. WASABI SHUMAI	6.50
A8. BABY OCTOPUS	6.50
A9. GYOZA (fried japanese dumplings)	5.50
A10. HIYAYA KO (cold bean curd with soy sauce)	4.50
A11. AGEDASHI TOFU (fried bean curd with tempura sauce)	5.00
A12. SEA NARUTO (salmon, crab, avocado, fish roe and cucumber)	8.50
A13. LOBSTER+CAVIAR	8.00
A14. SNAPPER BITE (snapper, avocado, cucumber in a slightly spicy garlic-ginger sauce)	10.50
A15. WHITE TUNA TATAKI (white tuna, avocado, cucumber, tataki sauce)	9.50
A16. TUNA CARPACCIO (sliced tuna with avocado and special sauce)	9.50
A17. SPICY TUNA TAR-TAR	8.00
A18. TEMPURA APPETIZER	8.50

FROM SUSHI BAR

S1. SUSHI ASSORTMENT (6pcs fresh sushi and 6pcs tuna roll)	16.50
S2. SUSHI DELUXE (8pcs fresh sushi and 8pcs California Roll)	19.50
S3. SASHIMI ASSORTMENT (12pcs fresh fish)	16.50
S4. SASHIMI DELUXE (18pcs fresh fish)	22.50
S5. CHIRASHI SUSHI (fresh sliced fish and vegetables on sushi rice)	17.50
S6. SUPER CHIRASHI (eel, salmon roe on sushi rice with sashimi on the side)	22.50
S7. ROLL COMBO (8pcs spicy tuna, 8pcs California roll and 6pcs white tuna roll)	16.50
S8. ROLL COMBO #2 (Cooked) (8pcs California roll, 5pcs Shrimp Tempura roll, 6pcs avocado roll)	14.50
S9. SUSHI SASHIMI DINNER (14pcs fresh fish, 4pcs sushi, 8pcs spicy tuna or eel roll)	27.50
S10. SUSHI & ROLLS PLATE ...FOR TWO (8pcs fresh sushi, 8pcs of my best friend roll, California roll and tuna roll)	39.50
S11. SUSHI, SASHIMI & ROLL BOAT ...FOR TWO (10pcs fresh sushi, 18pcs sashimi, 8pcs of each: California and spicy tuna roll)	52.50

ROLLS

VEGGIE ROLL (avocado, cucumber)(8)	4.50
KAPPA ROLL (cucumber roll)(6)	3.75
AVOCADO ROLL (6)	3.75
CALIFORNIA (crab, avocado, cucumber, masago)(8)	5.50
UNAGI ROLL (eel and avocado)(8)	6.50
SHRIMP TEMPURA ROLL (5)	5.50
NEW YORKER (salmon skin, scallion)(8)	6.00
SPIDER (soft shell crab)(8)	8.50
TEKKA ROLL (tuna roll)(6)	5.25
SAKE ROLL (salmon roll)(6)	5.25
NEGIHAMA (yellow tail, scallion)(6)	6.50
WHITE TUNA ROLL (white tuna, scallion)(6)	5.25
SPICY TUNA ROLL (8)	7.00
ALASKA (salmon, avocado, cucumber)(8)	6.00
PHILADELPHIA (salmon, avocado, cream cheese)(8)	6.50
BOSTON (white tuna, avocado, cucumber, masago)(8)	6.00
DYNAMITE (spicy mixed fish, masago)(8)	8.50
RAINBOW ROLL (California w/ 5pcs of fish on top)(8)	12.00

TRUST ME ROLLS

ROANOKE (eel, cucumber, masago, avocado)(8)	10.50
VT SPECIAL (tuna, salmon, avocado, cucumber)(8)	13.50
RED DRAGON (t.shrimp, eel, avocado, masago)(8)	13.50
PENNY'S FAVORITE (salmon, avocado, caviar)(8)	14.50
KAREN'S FAVORITE (crab, eel, avocado, masago)(8)	13.50
SEX ON THE BEACH (crab, avocado, masago)(8)	12.00
HAPPY BELLY ROLL (salmon skin, cucumber cream cheese, spicy tuna)(5)	12.50
VOLCANO (tuna, crab, cheese, cucumber, masago)(5)	9.00
CRAZY COWBOY (spicy tuna, avocado, wasabi tobiko)(8)	12.50
HOKIE (spicy tuna, white tuna, salmon, avocado, wasabi tobiko)(8)	12.50
MARSHAL'S FAVORITE (salmon, cheese, cucumber, eel, avocado)(8)	14.00
iCRUNCHY (spicy tuna, cheese, cucumber, t.shrimp)(5)	10.00
EMPIRE ROLL (salmon skin, cheese spicy tuna)(5)	10.25
69ER'S (t.shrimp, assorted fish, avocado)(8)	13.50
MY BEST FRIEND (t. shrimp with spicy tuna)(8)	11.00
NAMA MAMA (tuna, avocado, spicy eel, masago)(8)	14.50
DON'S FAVORITE (crab with spicy tuna)(8)	13.50
KIM'S FAVORITE (white tuna, avocado, scallions)(8)	13.50
ROBERT'S FAVORITE (eel, cheese, spicy tuna)(8)	13.50

SUSHI OR SASHIMI

SUSHI = FISH ON RICE
SASHIMI = JUST CUT FISH
2 PIECE PER ORDER

MAGURO (tuna)	5.00
SAKE (salmon)	5.00
HAMACHI (yellow tail)	6.00
ALBACORE (white tuna)	5.00
SMOKED ALBACORE	5.50
TAI (snapper)	4.50
IKA (squid)	4.50
AMAEBI (sweet shrimp)	6.00
SABA (mackerel)	4.50
TAKO (octopus)	5.00
HOKKIGAI (surf clam)	4.50
EBI (shrimp)	4.50
KANIKAMA (crab stick)	4.00
UNAGI (eel)	5.50
MASAGO (fish roe)	5.00
WASABI TOBIKO	6.00
CAVIAR (black tobiko)	6.00
IKURA (salmon egg)	6.50
UNI (sea urchin)	MP
QUAIL EGG	2.00

(add with masago, tobiko, ikura and uni)

FROM THE KITCHEN

TERIYAKI

CHICKEN	13.00
BEEF	18.00
SALMON	16.50
SHRIMP	15.50
SHRIMP & CHICKEN	16.50
SHRIMP & BEEF	18.50
SHRIMP & SALMON	18.00
CHICKEN & BEEF	16.00

TEMPURA

CHICKEN	14.00
SHRIMP	16.50
COMBO TEMPURA	17.50

UDON, SOBA & RICE

NEBEYAKI UDON (rice noodle soup with shrimp)	12.50
YAKI SOBA (pan fried noodles with shrimp, chicken and beef)	11.50
FRIED RICE (with shrimp, chicken and beef)	11.50

BENTO BOXES

BENTO BOX A (teriyaki chicken, tempura roll and 8pcs California roll)	17.50
BENTO BOX B (teriyaki beef, tempura and 8pcs California roll)	18.50
BENTO BOX C (teriyaki salmon, tempura, and 8pcs California roll)	18.50
BENTO BOX D (tempura, 4pcs sushi and 8pcs spicy tuna roll)	18.50
BENTO BOX S (4pcs of sushi and sashimi, tempura, and a choice of teriyaki chicken, beef or salmon)	22.50

**Tempura is always an available substitute

LUNCH MENU

FROM THE SUSHI BAR

SUSHI SPECIAL... WITH CALIFORNIA ROLL (4pcs sushi and 8pcs California roll)	9.50
SUSHI SPECIAL... WITH SPICY TUNA ROLL (6pcs sushi and 8pcs Spicy Tuna Roll)	13.00
SASHIMI SPECIAL (12pcs of fresh fish sashimi)	13.50
SUSHI SASHIMI SPECIAL (5pcs sashimi, 3pcs sushi, 6pcs tuna roll)	14.00

MAKI SPECIAL

(choice of any two rolls) \$9.50

1. ALASKA ROLL**
2. BOSTON ROLL**
3. AVOCADO & CUCUMBER ROLL
4. CHICKEN TEMPURA ROLL
5. SHRIMP TEMPURA ROLL
6. TUNA ROLL**
7. SALMON ROLL**
8. WHITE TUNA ROLL**
9. PHILADELPHIA ROLL**
10. CALIFORNIA ROLL**

SOBA, RICE & DON

(add California roll \$2.00)

FRIED RICE (chicken and beef)	8.00
YAKI SOBA (chicken and beef)	8.50
CHICKEN TERIYAKI (served with white rice)	8.00
TENDON (tempura shrimp)	8.50

BENTO LUNCH BOX

BENTO BOX A (chicken teriyaki, tempura, 4pcs of California roll)	10.50
BENTO BOX B (beef teriyaki, tempura, 4pcs of California roll)	11.50
BENTO BOX C (salmon teriyaki, tempura, 4pcs of California roll)	11.50
BENTO BOX D (tempura, 2pcs Sushi, white rice and 8pcs of Spicy Tuna roll)	13.50

**Seafood salad is always an available substitute for tempura